



189 East Main Street, Meriden, CT 06450

**Date:** March 1, 2024

**To:** School Officials

**From:** Islamic Association of Southern Connecticut

**Re:** Fasting of Muslim Students

*To Whom It May Concern*

As you may be aware, this year, the Muslim holy month of Ramadan begins on Monday March 11 and ends on Wednesday April 10. Muslims around the world are preparing to welcome the month of Ramadan and, among other duties, will be participating in fasting from dawn to sunset. Since the fast requires abstaining from all food and drink, my child, \_\_\_\_\_, who will be fasting, may require special accommodation.

At playtime or during PE, my child may be less energetic and more tired than usual, and I hope that you will be more accommodating if short breaks and time-outs are needed or exempt from the activity. During lunchtime my child will not be eating so making accommodation for this will be greatly appreciated.

We appreciate your understanding and cooperation. If you have any further questions about the fast or Ramadan, please feel free to contact us at [203-679-1179](tel:203-679-1179) or by email at [Info@rawdatalquran.org](mailto:Info@rawdatalquran.org).

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Parent Name

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Parent Signature

*Islamic Association of Southern Connecticut  
189 East Main Street  
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